

## Naseehat

1. Mard wo hai joi apne bahen ke naseeb se dar kar dusro ke bahen ke jazbaat se na khele
2. Bewakuf tareen insaan wo hai jo apni bad-kalami par fakr karta hai
3. Aaj ka insaan apni ghalti par acha wakeel ban jata hai aur dusron ki ghalti par seedha judge ban jata hai
4. Jab saaya qad se bara aur baten auqaad se bari honi lag jayen to samajh jao suraj ghurub hone wala hai
5. Sabar ek aisi sawari hai jo apne sawaar ko kabhi girne nahi deti, na kisi ke kadmo me na kisi ke nazron me
6. Wakht ko paida karne wale ko wakht dekar dekho wo tumhara wakht badal dega

7. 3 insaan 3 cheezon se mehrum rahenge
  - (a) Ghussa karne wala sahi faislon se
  - (b) Jhutha izzat se
  - (c) Jald baaz kamyabi se
8. Jaanwar me khwaish aur farishte me akal hoti hai, magar insaan me dono hoti hai, agar wo akal daba le to jaanwar aur khawish daba le to farishta
9. Girane wale agar apne hoan to sambhalne me wakht lagta hi hai, apne wo nahi hote jo rone par aate hain, apne wo hote hain jo rone hi nahi dete
10. Tamaam rishto me sab se kamzor rishta tumhare jism aur tumhari rooh ka hai, na jaane kis wakht, kahan, kab tut jaye
11. Khush raha karo kyun ke pareshan hone se kal ki mushkil door nahi hoti, bulki aaj ka sakun bhi chala jata hai

12. Kisi ne darwesh se pucha ke duniya me sab dukhi kyun hain, jawab diya, khushiyan to sab ke paas hain, bus ek ki khushi dusre ke dard ban jaati hai
13. Tumhari wajah se koi be-sakun ho jaye to yaad rakho tum zaalimo me se ho
14. Pareshaan hone walon ko kabhi na kabhi sakun mil hi jata hai lekin pareshan karne wale hamesha sakun ki talaash me hi rehte hain
15. Un logon se mat daro jo apna badla lena jaante hoan, hamesha un logon se daro jo apna mamla Allah par choar dene wale hoan
16. Zindagi badalne ke liye larna parta hai aur asaan banane ke liye samajhna parta hai
17. Manzil chahe jitni bhi unchi kyun na ho raaste hamesha pairon ke niche hote hain

18. Jo yaqeen ki raah par chal pare unhe manzilon ne panha di, jinhe waswaso ne dara diya wo kadam kadam pe bahek gaye
19. Har shaks apni zubaan ke piche chupa hua hai, agar kisi ko samajhna hai to usey bolne do
20. Nafs ko uske khwaish se rokna aur ussey larna aur uska muqabla karna akhirat me darjaat ko buland aur nekiyon ko barata hai
21. Daulat aur qirdar me se kisi ek ke saath chalna par jaye to qirdar ke saath chalo kyun ke qirdar hamesha agey chalta hai aur daulat uske piche. Daulat sakhi ki ghulam rehti hai aur kanjus ki aka ban jati hai
22. Paani aur Namaz ek jaise hain, paani mohtaj nahi peene walon ka aur namaz mohtaj nahi parne walon ki, dono ke liye pyaas zaruri hai, jism ki pyaas ke liye paani aur rooh ki pyaas ke liye namaz

23. Duniya ki tamam cheezen thokar lagne se tut jati hai magar sirf insaan wo wahid hai jo thokar lagne ke baad banta hai
24. Apne ap ko, apni aulad ko, apne khadimo ko aur apne maal ko bad-dua na do, aisa na ho ke wo ghari kabuliyat ki ho aur tumhari dua qabul ho jaye
25. Jab gunaho ke bawajud Allah rabbul izzat ki nematen musalsal milti rahen to hoshiyar ho jao ke tumhara hisab kareeb aur sakht tareen hai, aaj ka insaan daulat ko khush naseebi samajhta hai aur yehi uski bad-naseebi ka sabut hai
26. 3 cheezen insaan ko allah se door karti hain
- (a) Apne amaal ko zyada samajhna
  - (b) Apne gunaaho ko bhul jaana
  - (c) Apne aap ko sab se behtar samajhna
27. Kisi ki izzat par haath wohi daalte hain jinki khud ki izzat haath se nikal chuki hoti hai

28. Zindagi jeene ko us wakht milti hai jab jeene ki khawish tamaam ho chuki hoti hai aur jab hum zindagi jeena chahte hain ye door khari muskura rahi hoti hai
29. Hum har cheez ko apna samajh kar us par haq jatane lagte hain, bus yahan se be-sakuni ki ibteda shru hoti hai
30. Insaan bhi bari dil chasb makhluk hai, ye jaanwar ko musibat me dekh kar bardash nahi kar pata lekin insaan ko musibat me mubtila karne ke liye khush hota hai
31. Beh-tareen insaan kaun hai uska faisla bad-tareen halaat kiya karte hain isliye beh-tareen log bad-tareen halaat me ghabraya nahi karte
32. Allah rabbul izzat ke nazdeeq kisi insaan ki izzat jitni zyada hoga uska imtehan bhi us qadar sakht hota jata hai

33. Ghalti wohi karta hai jo mehnat karta hai,  
nikamme ki zindagi to dusron ke ghaltiyon ko  
talaash karne me nikal jati hai
34. Bharosa ek shaks toarta hai aur aitbaar har kisi  
se uth jata hai, isliye kisi ka bhi bharosa na  
toaren
35. Raasta badal lena chahiye wahan se, jahan  
ankhon ke piche ki nami aur mazbut lavzo ke  
piche tuta lehja koi na samajh sake
36. Logo ke saath unke qirdar ke mutabik nahi balke  
apne tabiyat ke mutabik rawaiya ikhtiyar kijiye,  
apne khilaf baaten khamoshi se sun lo aur jawab  
dene ka haq wakht ko de do
37. Shaksiyat me ajazi na ho to malumat me izafa  
ilm ko nahi balke taqabbur ko janam deta hai
38. Ek dusre ke jaise hona zaruri nahi, ek dusre ke  
liye hona zaruri hota hai

39. Insaan khud ko khawishat ke pattharo me chunwata rehta hai, aur jab akhri patthar uske saans ko rokne lag jata hai to phir wo shor machata hai
40. Bahot se log khoaf zada ho jayen agar wo a'yineh me apne chehre ke saath apne qirdar ko bhi dekh lain
41. Mard ki mohabbat aurat ko hamesha jawan rakhti hai, jab ke mard se mili na-qadri aurat ko jawan umri me bad-surat aur bad-mijaz kara deti hai
42. Dushmano ki tadad zyada hone lage to apko apne doston aur rishtedaro ki tadad me izafa karna chahiye
43. Kisi aurat ke piche chale jaane ke bajaye kisi sher ke piche chale jana behtar hai, wo isliye ke agar sher palat aya to jaan chali jayegi aur agar aurat palat ayi to imaan chala jayega



44. Jhuth ke 2 zayeke hote hain, khud bolo to meetha aur koi dusra bole to karwa lagta hai
45. Jis mard ne aurat ko apna libaz samjha, wo aurat ko kabhi bhi azmayish me nahi daal sakta
46. Tum dushman ke saamne aise raho jaise ek zubaan 32 daanto ke darmiyan rehti hai, milti sab se hai magar dabi kisi se nahi.
47. Agar ap duniya me kamyab hona chahte hain to pehle naqami ka istaqbal karne ka hoasla paida karo, rab ta'ala darwaza bhi wahan kholta hai jahan umeed bhi nahi hoti
48. Biwi ki 2 (two) harkaten shohar ko bahot pasand hoti hai
- (a) Mushkil auqad me saath dena
  - (b) Uski izzat karna
49. Apka qirdar apki pehchan hai warna ek hi naam ke to lakho insaan hain

50. Yun hi nahi hoti haath ki lakiron ke agey ungliyan, rab ne bhi kismat se pehle mehnat ki hai
51. Jis aurat ke chehre par be-pardagi aur be-sharmi ho, wo bewafa aur dhoke baaz hoti hai, aisi aurat ek mard ko chorkar dusre mard ke paas jaane me dair nahi karti
52. Mard ki 4 cheezen aisi hain jo aurat ko apni taraf aisi khichti hain jaise aag lakri
- (a) Husn ikhlaaq
  - (b) Daulat
  - (c) Taqatwar Badan
  - (d) Sanjeedgi
53. Aurat ne hamesha dusri aurat ki tareef sunkar khud ko behtar banane ke bajai hamesha hasad aur jalan se kaam liya hai
54. Khubsurat aur Haseen aurat sirf in cheezon ki bhuki hoti hai – daulat, shohrat aur tareef

55. Jis aurat me ye 3 cheez dekh lo, aisi aurat se mard ko zarur bachna chahiye
- (a) Baal khol kar chalne wali
  - (b) Bagair zarurat ke ghar se nikalne wali
  - (c) Tez zubaan wali aurat be-parda
56. Aurat apne bachpan me apne baap ke liye barkat ke darwaze kholti hai, apni jawani me apne shohar ka imaan qamil karti hai aur jab maa banti hai to jannat uske kadmo ke niche rakh di jaati hai
57. Ghareeb se akar kar milna aur ameer se milte hue muskurahat saja lena, ye husn ikhlaq nahi bulke bad-tareen munafekat hai
58. Agar apka ikhlaaq acha hai iska matlab apka khandan acha hai, agar apki adat achi hai iska matlab apka dost acha hai, agar apka qirdar acha hai to iska matlab apka rehbar acha hai

59. Zehar jab kargar nahi hota, log tohmat se maar dete hain
60. Paith me gaya zaher ek ki jaan leta hai, magar kaan me giya zaher kai rishton ki jaan leta hai
61. Zindagi siski se shru hokar hichki par khatm hone wala mukhtasar tareen safar hai
62. Mard aurat se adayen tawaif wali chahta hai aur wafayen kutto wali chahta hai
63. Aurat mard se zarur dar jaati hai magar aurat ki khamoshi aur sabr mard ki buniyaden hila diya karti hai
64. Muqammal la-ta'alluk ho jana, itni aziyat nahi deta, jitna ta'alluk ka rehna aur ta'alluk me khamoshi ho jana aziyat deta hai
65. Mard me jab ghairat khatam ho jaye na to phir usko har aurat tawaif lagti hai

66. Jin jismo par khawishat ki hukmrani ho wo jism kabhi gunaho se azaad nahi hote
67. Log apki zindagi me ayenge, aur chale jayenge lekin ayine me nazar ane wala shaks hamesha apke saath rahega, lehaza, khud ko jaanen aur khud ki qadar karen
68. Apni zuban s nikle alfaz ki zimmedari to hum le sakte hain, lekin samajhne wale ke soch ki zimmedari nahi li jaa sakti, kaali ainak lagakar duniya ko kaala kehna khuch logo ki tarbiyat me shamil hota hai
69. Paisa kehta hai mujhe hasil karo aur bhula do, wakht kehta hai mere piche chalo baki sabh ko choar do, mustaqbil kehta hai mere liye koshish karo baki sab bhula do, aur Allah sirf itna kehta hai mujhe yaad karo mai sab khuch tere kadmo me daal dunga

70. Takriban 18000 makhluqat me sirf insaan hi paisa kamata hai, koi makhluq kabhi bhuki nahi rehti aur insaan ka kabhi paith nahi bharta
71. Ibadat zarur karen magar mamlat par bhi tawajjo dain, Kaaba ke chakkar lagane se logo ko diye hue chakkar maaf nahi hote
72. Agar hum log Quran parkar faisla karne lag jayen to hame Quran par haath rakh kar faisle na karne paren
73. Sacche logon ko ghussa bahot jaldi aa jata hai aur munafik log mooh par muskurahat aur dil me ghussa rakhte hain
74. Rizq ke piche apna imaan mat kharab karo, kyun ke rizq insaan ko aise talaash karta hai jaise marne wale ko moat
75. Munafiq aur Bat-tameez me fark kiya jaye to, bad-tameez itna khatarnak nahi jitna munafiq

76. Aurat mohabbat karne wale shaks ko shayad bhul jaye, lekin izzat karne wale shaks ko kabhi nahi bhulti
77. Mard ye chahta hai ke wo aurat ki zindagi ka pehla mard ho jab ke aurat hamesha ye chahti hai, ke wo mard ki zindagi ki akhri aurat ho
78. Insaan par acha wakht aane lagta hai to bahot se aise rishte bhi paida hote hain jo bahot pehle apko kabr me utaar chuke hote hain
79. Jinhone apko qari dhup me sakht mehnat karte dekha hai wohi log apke mehnat ki keemat ko jante hain, lekin auro ke liye ap kismat wale hain
80. Izzat ki hifazat ke liye apne andar current paida karo, kyun ke jin taron me current nahi hota, un par log kapre sukhate hain
81. Mohabbat jitni bhi paak ho, nikaah ke bagair haraam hai

82. Mohabbat ka shadiyon se kya ta'alluk, kya apne kabhi nikaah naame par mohabbat ka khana dekha hai
83. Yaad rakhiye, Ap kisi ki tareef kitni bhi kar sakte hoan, lekin be-izzati hamesha naap toal kar karna, kyun ke ye wo udhar hai, jo har koi sood sameet chukane ke liye be-qaraar rehta hai
84. Agar har koi apse khush hai to ye is baat ka sabut hai ke ap ne zindagi me bahot saare samjhaute kiye hain, aur agar ap sab khush hain to ye is baat ka sabut hai ke apne logon ki bahot si ghaltiyon ko nazar andaz kiya hai
85. Insaan zindagi me bahot si ghaltiyan karta hai, lekin jo ghaltiyan wo logo ko pehchanne me karta hai, unka khamiyaza sab se zyada bhukatta hai
86. Bara insaan wo hai jiski mehfil me koi khud ko chota na samjhe



87. Khushiyan bahot sasti hain, is duniya me hum hi dhundte hain isey mehngi dukano me
88. Logo ne khuch diya to sunaya bahot khuch, ai Allah, ek tera hi dar hai, jahan kabhi taana nahi mila
89. Dhundho ke agar to hi raasta milega, manzilon ki fitrat hai, khud chal kar nahi aati
90. Aaj ke daur me ta'alluk ko dimagh se nibhane wale kamyab hain, dil walon ke liye faqat khwaar hi hai
91. Rishte agar sacche hoan to unhe sambhalna nahi parta, aur jin rishto ko sambhalna pare wo rishte nahi hote
92. Kabhi kisi ko dukh mat do, kyun ke maafi maang lene par bhi dil me dard baki rehta hai, jis tarah deewar me keel nikalne par suraag baki rehta hai

**93. Zindagi ke 3 usul bana lo:**

**(a) Ussey zarur maafi mango jisey tum chahte ho**

**(b) Usey kabhi mat choro jo tumhe chahta hai**

**(c) Ussey kabhi khuch na chupao jo tum par  
aitbaar karta hai**

**94. Ikhlaaq wo cheez hai jiski koi keemat nahi deni  
parti thi, magar haan, ussey har insaan kharida  
jaa sakta hai**

**95. Dua ki kabuliyat awaaz ki bulandi nahi bulke  
dil ki tadap ka takaza karti hai**

**96. Na-mehram ka karb wo aag hai jo wajud ki  
parsai ko khushk lakriyon ki tarah kha jaati hai**

**97. Dillagi kisi bhi station par utar jaati hai aur dil  
ki lagi kabr me saath utarti hai**

**98. Insaan itna mazbut hai ke paharo ka seena cheer  
kar rakh de, kamzor itna ke lehjo aur lavzo se tut  
jata hai**

99. Mumkin hai ke ap kisi shaks ki nazro me nakara hoan, magar yaqeen janiye, duniya me kahin na kahin, koi aisa zarur hota hai jiski nazron me ap hamesha besho keemat rahenge
100. Kisi ke chehre ka mazaq urane se pehle soch lain, ap tasveer me nahi, masaw'war ki karagari me nukhs nikal rahe hain
101. ye ghussa bhi bara munafik hota hai, kamzor ke saamne dimagh me hota hai aur takhat war ke saamne dil me
102. agar apka blood pressure ghareeb ke saamne jaldi char jata hai aur ameer ke saamne normal rehta hai, tab ap blood pressure ka nahi munafeqat ka elaaj karwayen
103. Iblees ka rawaiya ye tha ke wo apni ghalti par sharminda nahi tha, aur hamara rawaiya ye hai, ke hum sharminda hone wale ko aisa zaleel karte hain ke wo Iblees ban jata hai

104. Dusron ko dukh me dekh kar kehta hai, jaisi karni waisi bharni, aur jab khud takleef me hota hai, to kehta hai, azmaish Allah ke mehbub bando par hi aati hai
105. Jahan par aurat ka shohar mojud na ho, wahan aurat ka mard bankar jeena, behtareen khubhi hai
106. Apni zubaan ki tezi us maa par mat azmao jisne tumhe bolna sikhaya
107. Ek kabr par kya ajeeb likha tha, ke, "kisko kya ilzam dun, zindagi me satane wale bhi apne the, aur dafnane wale bhi apne the"
108. Jab moat se pehle, moat ka maqam samajh aa jaye, to moat ke baad milne wale inamat, moat se pehle milna shru ho jaate hain
109. Agar sakun chahte to, to dusron ka sakun barbad mat karo

110. Musibaton ko chupana bhi raaz ko chupane  
jaisa hai, kyun ke unka izhar dushmano ko  
khush karta hai, aur mohabbat karne walon ko  
takleef deta hai
111. Kehte hain ke wakht ke saath saath har zakhm  
bhar jata hai magar sach to ye hai ke, har dard  
ke saath jeena seekh jaate hain
112. Allah tala ke nazdeeq kisi insaan ki izzat jitni  
zyada hogi uska imtehan bhi us qadar sakht  
hota jata hai
113. Agar gande kapro me sharm ati hai to gandhi  
soch rakhne me bhi sharm aani chahiye
114. Jhuth isliye bik jata hai kyun ke sach kharidne  
ki kisi ki aukad nahi hoti
115. Kamal karte hain humse jalne wale log bhi,  
mehfil apni sajate hain taskira hamara karte  
hain

**116. 5 admiyon ko neend nahi aati**

**(a) Jo kisi ke qatl ka irada karta ho**

**(b) Jiske paas maal o daulat ho aur usey kisi par bharosa na ho**

**(c) Wo jisne logon se bahot si jhuthi baten ki ho aur logon par jhuthe ilzam lagayen hoan**

**(d) Wo jiski zimmedari zyada ho, lekin uske paas dene ke liye khuch na ho**

**(e) Jo kisi ke ishq me mubtila ho judai se darta ho**

**117. Jab kisi insaan ke agey roshni hoti hai, to uska saya piche ata hai, aur jab roshni piche hoti hai to iska saya agey ata hai, deen roshni hai aur duniya saya hai, deen ko agey rakhoge to duniya khud hi piche se bhagti ayegi, aur deen ko piche rakhoge to duniya ageye bhagegi aur tum piche bhagoge**

**118. Zalim ke zulm se nahi, mazlum ki khamoshi se daro, uski khamoshi arsh tak to sunayi deti hai**

119. Apno ki mehfil me chal rahi thi, hume qatl karne ki saazish, hum achanak pahonche to kehne lage, kitni lambi umr hai tumhari
120. Insaan ek aisa ghafil mansuba saaz hai, ke wo apni saari plannings me kabhi apni moat ko shamil hi nahi karta
121. Sirf 2 log hi apko samajh sakte hain, ek wo jo ap jaise halaat se guzra hua ho aur dusra wo jo apse mohabbat karta ho
122. Bardaash buzdili nahi bulke zindagi ka ek ahem usul hai, jis dil me quwwat e bardaash hai wo kabhi haar nahi sakta
123. Rishte agar dil me hoan to toarne se bhi nahi tutte, aur rishte agar dimagh me ho to joarne se bhi nahi jurte
124. Zamana bhi ajeeb hai, naqaam logon ka mazaq urata hai, kamyab logon se jalta hai

125. Kisi ki nafrat mehsus karne ke liye ek lamha hi kafi hota hai, aur kisi ko apni mohabbat ka ehsas dilane ke liye zindagi beet jaati hai
126. Kisi par keechar mat uchalo, ussey dusron ke kapre kharab hoan ya na hoan, magar ussey apke haath zarur kharab honge
127. Agar buri niyat ko dil me rakhkar koi accha amal kiya jaye to iska sawab bhi gharat ho jata hai
128. Jis insaan ki jaan nikal jaye to wo zinda nahi rehta, aur jis insaan se ehsaan nikal jaye to phir wo insaan hi nahi rehta
129. Ajab duniya hai ye, aurten dusri aurton ki shikayat karte nahi thaktin, jab ke mard dusri aurton ki tareef karte nahi thakte
130. Zindagi me hamesha behtareen qirdar ke dost, aur ala dimagh ke dushman banao



131. Chaabi se khulta taala baar baar kaam ata hai, magar hathori se khulta taala dubara kaam nahi ata, isi tarah rishto ke taale ghusse ke hathore se nahi, bulke mohabbat ki chaabi se kholen
132. Jhuthe insaan ki unchi awaaz sacche insaan ko khamosh kara deti hai, lekin sacche insaan ki khamoshi, jhuthey insaan ki buniyad hila deti hai
133. Insaan ashraful makhluqat hai, magar, bari ajeeb fitrat ka malik hai, ye marey hue ko rota hai aur zindo ko rulata hai
134. Ehtraam karna tarbiyat hoti hai, kamzori nahi, aur mazerat karna husne ikhlaaq hota hai, zillat nahi
135. Duniya me tumhare nafs se zyada aisa koi sarkash jaanwar nahi jo sakht tareen lagaam ke layek ho

136. Dard wohi hai jo chupa liya jaye, jo bata diya jaye wo tamasha ban jata hai
137. Moat ko yaad karna, nafs ki tamaam bimariyon ki shafaa hai
138. Agar hame ek dusre ke gunaho ka pata chal jaye to, hum ek dusre ko dafnane me bhi na jayen, jitne hum gunehgar hain, ussey hazar guna zyada Allah un par parda dalta hai, koshish karen ke kisi ke aib agar apko malum bhi hain to bhi kisi ko na batayen
139. Jo shaks Allah rabbul izzat se darta hai wo kabhi badla nahi leta